

Somers Day Camp Counselor-in-Training (CIT) Description

The Counselor-in-Training (CIT) Program is a volunteer position that allows young people to acquire professional work experience and leadership skills through the summer camp program.

Responsibilities with Campers

The CITs will be subject to the same code of behavior and policies as regular program staff and participate in all aspects of camp life. Under the supervision of a senior counselor, they will:

- Make the camp a fun place to be, helping to plan and prepare games and activities.
 - Supervise cleaning, meals, and bathroom breaks.
 - Help provide a safe and supportive atmosphere for campers.
 - Help campers resolve conflicts.
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- CITs will always work with a Counselor and/or camp administrative staff.
 - CITs are not permitted to supervise campers alone or to implement disciplinary action towards any campers.
 - CITs will work with the camp administrative staff to learn the basics of child development, programming, supervision procedures, and policies.
 - CITs will work with staff to develop and co-lead workshops or games.
 - CITs will participate in informal and formal activities with campers.

How are CIT's Chosen?

New applicants must complete a Town of Somers Volunteer Application and return it to the Recreation Department with two letters of reference. They will then be interviewed in person at the Recreation Department offices. CITs are chosen based on their application, references, experience, skills, and an informal interview. The age requirement for a CIT is 13-16.

CIT Schedules

The maximum number of weeks a CIT will be scheduled during the summer is four unless otherwise noted by the Somers Recreation Department. New CITs will be scheduled for one introductory week. Upon successful completion of the initial week, additional weeks will be scheduled. A minimum of a two-week commitment is required. CIT schedules will be dependent on camper enrollment and staffing ratios. Returning CIT's schedules for the summer will be communicated before the first day of camp.

CITs are not paid positions. CITs may be responsible for any expenses related to the Camp, such as field trip costs.

How to Apply

The application and two letters of reference can be returned by mail, email, or dropped off at the Somers Recreation Department, 619 Main Street, Somers, CT 06071.

khalligan@somersct.gov OR mparsell@somersct.gov OR kwood@somersct.gov

The deadline to apply for the Day Camp 2026 Counselor-in-Training program is May 1st.