



SOMERS SENIOR CENTER

MARCH 2024 NEWSLETTER



Somers Senior Center

19 Battle Street, Somers CT 06071
860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

Maureen Parsell, Director mparsell@somersct.gov
Donna Richardson, Supervisor drichardson@somersct.gov
Pam Caso, Administrative Asst. pcaso@somersct.gov
Mary-Ellen Matarazzo, Coordinator mmatarazzo@somersct.gov
Dial-a-Ride Drivers
Gary Hunter, Renee Mullett, Pat Perry and Scott Sfreddo



*The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!*



CLOSINGS & CANCELLATIONS

The Senior Center will be **CLOSED** on **Friday March 29th** in observance of Good Friday. Also, please note that **Spa Services** will be held on **Thursday March 7th** due to tax services on the 6th. **There will be no coffee talk or chair aerobics on Friday March 15th.**

Somers Human Services

619 Main Street, Somers CT 06071
860-265-7551

Mon-Wed 8am-5pm, Thurs 8am-6:30pm

Matthew Cox, Human Services Director
MCox@somersct.gov
Christina Hurdle, Social Services Coordinator
CHurdle@somersct.gov
Aiden Matthews, Youth Services Coordinator
AMatthews@somersct.gov



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SOMERS HUMAN SERVICES



Energy Assistance



If your annual income is less than \$41,533 (single person), \$54,338 (two people), you may be eligible for energy assistance. Please call 860-265-7551.



Operation Fuel Program



If you are facing utilities hardship or shut offs and are in need of emergency assistance, you may be eligible to apply for the Operation Fuel Program. If your annual income is less than \$51,941 (single person), \$67,923 (two people), please call 860-265-7551 for an appointment.

Eating Well on a Budget

Leverage local resources to help stretch your household food budget:



Champ's Place food pantry
Somers Congregational Church
599 Main Street



Open Mondays from 10am to noon and from 6pm to 7pm.

Mobile Food Pantry from Connecticut Food Share visits Champ's Place every other week, starting Wednesday, January 3rd from 1:00pm to 1:30pm

HINT: bring a small cart, laundry basket, or a sturdy box or shopping bags to easily carry items home with you.

Application Assistance is available for SNAP, Medicaid, and Qualified Medicare Beneficiary (QMB). Simply call Somers Human Services at 860-265-7551 to ask questions or make an appointment.

Meals-on-Wheels is available for homebound seniors and people with disabilities. Call 860-265-7551 for more information.

**Human Services will be at the Senior Center on
Tuesday, March 26th, from 8am to 11am.
Please call 860-265-7551 to make an appointment.**





SENIOR CENTER UPDATES



NEW!!! HAIR CUTS AND BEARD TRIMMING STARTING APRIL 8TH!! Need a haircut or beard trimming but don't want to pay a hefty price? Make your appointment with us and come meet Lynn Shea, a licensed & insured hairdresser who will be at our Senior Center every 6-weeks starting on April 8th. See page 12 for cost and more information.

NEW!!! Wii BOWLING IN APRIL!! We are so happy to bring back Wii Bowling to the Senior Center!! This fun interactive video game sport is similar to real-life bowling using a Wii remote and our large screen television. It is very easy to do and we will be happy to show you how to do it. Look for all the details in our April Newsletter!!

VOLUNTEERS: Coming in April--Volunteer Appreciation Luncheon!! If you volunteer for anything at the Sr. Center, we would like you to start signing in on the My Senior Center Kiosk as a volunteer. This includes Senior Advisory Committee, Game/Activities Help, Kitchen Servers, Decorating, Plant Watering, etc... It is very easy to do and we will be happy to show you how.

MAY THE DREAMS
YOU HOLD DEAREST
BE THOSE THAT
come true
AND THE KINDNESS
YOU SPREAD
KEEP RETURNING
to you
• IRISH BLESSING •

Everbridge ~ Town of Somers Alert System

Notification Program Overview... The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about. **The information you provide is protected and will not be used for any other purpose.**

How It Works... When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

Sign up for Notifications... Create an account and add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing up! We'd be happy to help you!

SCAN ME





HEALTH & WELLNESS CLASSES



GROUPS & ACTIVITIES



Qigong- Mondays, 9-9:45am \$40.00/Punch card for 10 classes. Join Ritch Ryan for movement & breathing to enhance health & wellness. Provides a simple approach with the benefits of balance, strength & flexibility.
Classes held in the Kibbe Fuller Gym.

Chair Aerobics- Tuesdays & Fridays, 10-11:00am **FREE** A classic DVD chair fitness program. All levels are welcome!

"Fit & Fun" Fitness- Wednesdays, 9-10:00am \$40/Punch Card for 10 classes. Join Chelsea Lowe, A Better Self, LLC for a low-impact, total body workout with great music! This class strengthens muscles through mindful movement & breathing.

Stretching w/ Keely- Thursdays, 10-11:00am \$40/Punch Card for 10 classes. Dim the lights and listen to meditation music as you learn basic Yoga type stretch moves while sitting or standing. Everyone loves this class and all levels are welcome! **Classes held in the Kibbe Fuller Gym.**

Pickleball- Tuesdays & Fridays, 9-11:00am **FREE** Weather permitting. Tennis courts at Field Road Park. Four courts & some equipment provided! New & experienced players welcome. **Must register with the Sr. Center & complete a Waiver Agreement if you wish to play.**



Art Group- Mondays, 10-11:30am

****FREE**** All mediums welcome. Bring your own ideas and supplies.

SCRABBLE- Mondays, 11:00am

Bring a friend and enjoy exercising your brain!

SKYJO - Mondays 1-3:00pm **FREE**

Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play! **Will teach!**

Coffee Talk- Tuesdays & Fridays, 9-10:00am

Join your friends & make new ones for fresh coffee, tea and light snacks. **(Donations welcome for supplies)**

RUMMIKUB - Tuesdays, 11-1:00pm Rummikub is easy to learn and fast moving. The "board" changes all the time as players adjust the tiles on the table. It combines luck and strategy, and it changes quickly so every player has a chance to win until the very end. Players take turns placing numbered tiles in runs and groups and the Joker tiles add to the fun! Space is limited so sign up today!! **Will Teach!**

Senior Learning Network- Tuesdays, 2-3:00pm

****FREE**** Live video conferencing technology to deliver life-long learning programs. **Programs on Page 9.**

Dominoes- Wednesdays, 1-3:00pm **FREE**

Please come and learn the game. **Will teach!**

Bingo- Thursdays, 12-3:00pm

Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!





SPECIAL PROGRAMS & EVENTS



Monthly Lunch Bunch Willimantic Brewing Co. & Main Street Cafe

Tuesday, March 12th 10:30am

Enjoy lunch at this living landmark restaurant & pub brewery set in a historic 1909 U.S. Post Office Building. Cost is \$5/pp transportation fee.



Ellington YMCA Silver Sneaker Program

Monday, March 18th 10:00am



Ever wondered about all the great fitness programs offered at the Ellington YMCA? Justin Hicks will stop by to talk about the facilities, pool and Silver Sneaker Program for Seniors!



Coffee Talk

Tuesday, March 26th 9:00am



Come spend a cold winter morning with friends, a hot cup of coffee and man's best friend! Cold Noses Warm Hearts will return gracing our morning with a furry friend.



Somers Police Department

Wednesday, March 13th 11:00am



Join us for light refreshments as members from the Somers Police Department will be by to provide information on how to physically defend yourself, carjacking safety tips, how to use pepper spray, how to use your phone in an emergency, scams and more!

2nd Annual St. Pat's Luncheon & Entertainment

Friday, March 15th, 11:00am

Celebrate St. Patrick's Day the Irish Way with entertainment from the SRL IRISH DANCE ACADEMY starting at 11:15am and then a delicious corned beef sandwich, pickles, & chips from REIN'S DELI served at noon!

Cost is \$5/pp. RSVP by March 11th!



"Lunch & Learn"

"Have you properly planned your Estate?"

Tuesday March 26th 12:30PM

Patrick Roy, Attorney at Law, will join us to discuss estate planning, last will and testaments, trusts, advanced health care directives and more, including 5 myths of personal wills. He will also be at the Sr. Center once a month for monthly consultations.

You do not have to attend the luncheon should you wish to see this presentation. Please call 860-763-4379 to register!





PERSONAL CARE

FOOTCARE SERVICES

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.

Dates Available:

Mar 28th

Apr 25th

May 23rd



SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. First Wednesday of the month. Call the Senior Center to book your appointment.

Signature Facial.....\$38
Microdermabrasion Facial.....\$48
LED Light Therapy.....\$15
Waxing Services:
(brow, lip, chin etc.).....\$7 - \$18

Cash or Check only



MOVIE TIME!

Wednesday, March 27th
10:30AM

Waking Ned Devine
Comedy, Rated PG, 1h 31m



When best friends Jackie O'Shea (Ian Bannen) and Michael O'Sullivan (David Kelly) discover someone in their small Irish village has won the lottery, they immediately set off to see if the winner is in a sharing mood. Deducing that Ned Devine is the lucky man, O'Shea and O'Sullivan pay him a visit, only to find him dead from shock. Since Devine is the only one who can claim the prize, the townsfolk band together to convince the claim inspector that O'Sullivan is really Devine, and split the cash.

WITH THANKS



We would like to thank the following individuals who have so generously donated to the Senior Center:

Hesiquia Abrams, Ron & Charlene Biathrow, Jeanne Cormier, Elaine Davis, Eileen Fedorowich, Leslie Gengenbach, Melissa Mello, Margret Rondeau & Reggie Swanson

SOMERS SENIOR CITIZEN'S CLUB



SOMERS SENIOR CITIZEN'S CLUB PRESENTS

Wednesday, March 20th
11:45am-1:45pm

Corned Beef & Cabbage with Potatoes and Carrots, Irish Soda Bread, and Cookies for Dessert

****ORDER IN ADVANCE REQUIRED****

Call Dan Fraro at (860) 749-7108 to order
Must order by noon the Monday prior to lunch

\$5 payable at the door

\$2 ANNUAL DUES DUE AT LUNCHEON

SAFE DRIVER CLASS



will return to the Somers Senior Center to conduct their Safe Driver Class on Monday, April 8th - 8:45am-1:00pm. Please call 860-763-4379 to sign up. Register early as spots will fill up fast! \$20 for AARP members, \$25 for non-members.





MEAL EVENTS

Home Helpers®

Luncheon

Wednesday, March 6th

12:00pm

Limited Seating

Sign up by March 4th



LUNCH BUNCH

Tuesday, March 12th

Limited Seating - \$5/pp



Corned Beef Luncheon

Friday, March 15th

11:00am

Sign up by Mar. 11th - \$5/pp



Corned Beef Sandwich from Rein's Deli and Irish Dancing!



Birthday Luncheon

Tuesday, March 26th

12:00pm

Sign up by March 22nd

BP/BG screening 11:00-

12:00pm provided by ECHN

BOOK CLUB

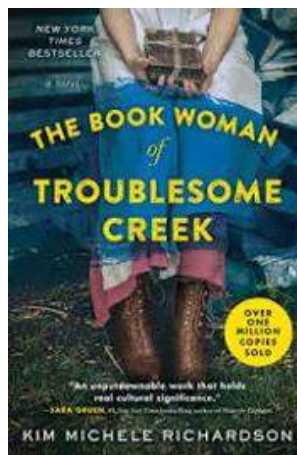


Book Club with Somers Librarian Coordinator Allison Rief

Thursday, March 21st

3:00pm

The Book Woman of Troublesome Creek by Kim Michele Richardson



Follow Cussy Mary, a packhorse librarian and her quest to bring books to the Appalachian community she loves.

Please call 860-763-4379 to pick up a book and join this great group if you love reading!

IN MEMORIAM



It is with great sadness that we announce the passing of our dear friend and Somers Senior Center member Ben Aleks. We always enjoyed his visits and looked forward to that quick wit delivered with a cheeky grin and sparkle in his eye. It was no secret one of his biggest loves was the sport of wrestling that eventually led him to an impressive athletic and coaching career. His accomplishments and dedication led to an induction into the Enfield Athletic Hall of Fame as well as the National Wrestling Hall of Fame. Ben visited the senior center proudly showing off his award and program from the national event beaming with pride which was so justly deserved. We send our deepest condolences to his wife Candy and the Aleks family.



*A good coach can change a game.
A great coach can change a life....*

- John Wooden





DAY TRIPS



The Somers Senior Center is pleased to offer the following trips!
First come, first serve for trips below. Full payment due at sign-up.
Please stop by the Senior Center for flyers and complete information.

April 27, 2024 - Majestic Theater - "The Play That Goes Wrong" Matinee and Lunch at Storowton Tavern Carriage House, West Springfield, MA - \$136/pp

May 16, 2024 - Made in Vermont - Lunch at the Marina, Grafton Village Cheese, Hidden Springs Maple Farm, and shopping in Brattleboro, VT - \$145/pp

June 21, 2024 - Newport Flower Show at Rosecliff Mansion, Newport, RI - \$122/pp

September 10, 2024 - Swinging Summer, The music of Dean Martin with Jack Lynn and Lunch at Amarante's Sea Cliff, New Haven, CT - \$124/pp



FRIENDSHIP TOURS
THE SHIP SHOP



SOMERS PUBLIC LIBRARY



Movie Matinees at the Library Fridays - 1:00pm

March 1st
"Belfast"

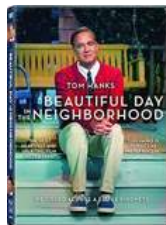


March 8th

"The Great Gatsby"



March 15th
"A Beautiful Day in the Neighborhood"



March 22nd

"The Color Purple"



Care Cafe'

First Wednesday of every month
1:00pm Library Conference Room

All caregivers of those living with Dementia or Alzheimer's are invited to come for conversation and support.
We supply the space - use it for your care.

NO REGISTRATION NEEDED

Somers Public Library



2 Vision Blvd
Somers, Connecticut 06071 | 860-763-3501





THE SENIOR LEARNING NETWORK AT THE SOMERS SENIOR CENTER



The Senior Learning Network uses live video conferencing technology to deliver life-long learning programs to groups of older adults in retirement communities, nursing homes, assisted living, adult day cares, community centers, libraries and other venues.



March 5th- Happy Lunar New Year: Smithsonian's National Museum of Asian Art

Celebrate the Lunar New Year and ring in the year of the Dragon with the National Museum of Asian Art. Museum educators guide us to explore works of Asian art and discuss the entertainment, foods, symbols and other customs of Lunar New Year!

March 12th- The Marriage of Ulysses and Julia Grant: "Warmed in the Sunshine of Love"

In February 1844, Julia Dent met Ulysses S. Grant, a friend and classmate of her older brother, Frederick. After his first visit to their home in White Haven, Grant returned often to court Julia. He proposed that May with his West Point class ring before deploying in the Mexican-American war,



delaying their wedding by four years. Ulysses and Julia had an intense correspondence during this period.

Join us as we explore the loving relationship of Ulysses and Julia Grant. From their first meeting, until General Grant's death in 1885, Ulysses and Julia worked as partners to support each other through good and bad times while raising four children to

adulthood. Despite hardship, family conflicts, and extended separation during two American wars, Ulysses and Julia Grant's love for each other remained constant.

March 19 - Sacrifice, Unity and Victory- WWII Memorial /FDR Memorial

Join us from the National Mall in Washington, DC to explore two memorials in the park, the Franklin D. Roosevelt Memorial and the World War II Memorial. We will focus on the symbolism found in both memorials, examining how this time period is represented in different public spaces.

The FDR Memorial opened in 1997 and the World War II Memorial opened in 2004. Hear about some of the controversies involved with these sites. Stone architecture and bronze sculptures recognize the ways Americans served, honors those who fell, and celebrates the victory they achieved to restore freedom and end tyranny around the globe.



March 26: Portraits of the West: James Bama

When illustrator and artist James Bama moved from New York to Wyoming in 1968, he began a decades-long project to understand the West by making photographs and paintings of his new friends and neighbors. Although Bama was best known for his highly detailed and realistic illustrations and paintings, photographs were the foundation of his imagery.

On October 21, the Buffalo Bill Center of the West debuted the new special exhibition James Bama's Photographs: Portraits of the West.



Photographed mostly in the 1970s and '80s, Bama's images reveal a complex view of western America through portraits of diverse and fascinating people. The exhibition highlights old-timers, children, rodeo performers, reenactors, Native activists, powwow dancers, ranchers, and outfitters through Bama's lens.





THE SOMERS SENIOR CENTER WOULD LIKE TO ACKNOWLEDGE OUR MEMBERS WITH MARCH BIRTHDAYS!



Mar 1st:

Susan W.
Gary D.
Nancy Sue W.

Mar 2nd:

Carol K.
Veronica P.
Steven Y.
Marguerite S.
Jane G.

Mar 3rd:

John M.

Mar 5th:

Richard T.
Carla H.
Beth F.

Mar 6th:

Peter D.
Paul T.
Rebecca G.
Ardis C.

Mar 7th:

Mary P.
Mary Jane P.
Pauline C.
Shirley T.
Frances K.

Mar 8th:

Elaine F.
Dawn S.

Mar 10th:

Joan D.
Joan S.
Linda D.
Susan W.
Mills S.

Mar 11th:

Susan M.
Claire B.

Mar 12th:

Susan L.

Mar 13th:

Debora P.
Barbara H.
Pat G.

Mar 14th:

Cheryl A.
Richard D.
Patricia S.
James B.

Mar 15th:

Lela A.
Craig S.

Mar 16th:

Ronald B.
Lisa C.
Donna M.

Mar 17th:

Gabe K.
Patricia L.

Mar 18th:

Anthony U.
Lynn D.
Danuta H.

Sandra P.
Gail G.
Linda V.

Mar 19th:

Joyce S.
Mar 19th:
Sylvia C.
Santina D.
Patricia G.

Mar 20th:

Spider C.
Carol B.
James L.
Michael P.

Mar 21st:

Allan S.
David M.
Phyllis M.

Mar 22nd:

Gloria R.

Mar 23rd:

Karnig M.
Corinne A.
Paul G.

Mar 24th:

Heidi F.
Tim W.

Mar 25th:

Melinda B.
Polly M.
Kirsten C.

Mar 26th:

Viola L.
Shirley B.

Mar 27th:

James M.
Dolores J.

Mar 28th:

Richard Y.
Barbara A.
Phyllis G.
Richard B.

Mar 29th:

Kathleen K.
Ruth P.
Mary T.

Mar 30th:

James T.
Kathleen M.

Mar 31st:

Nancy C.
Janice M.



DON'T
FORGET

DAYLIGHT SAVINGS

Daylight Savings is Sunday, March 10th so don't forget to set your clocks ahead 1 hour!

This is also a good time to change your batteries in your smoke detectors and have them inspected. Did you know the American Red Cross will provide a **FREE** home fire safety visit? You may call **1-877-287-3327** to

schedule. They will:

- ~ Install smoke alarms if not working;
- ~ Help develop a Family Disaster Plan;
- ~ Provide valuable emergency preparedness tips and information

All demonstration and installation services will be performed by Red Cross-trained volunteers and/or licensed/insured professionals.

BIRTHDAY CELEBRATION



Our Birthday Celebration
will be held on Tuesday,
March 26th

Cake will be served
following the Parkway
luncheon to honor all of
our members who have a
March Birthday!



March 2024



1. FRIDAY				
9:00 Coffee Talk 10:00 Chair Aerobics				
8. FRIDAY				
9:00 Coffee 10:00 Chair Aerobics				
7. THURSDAY				
<u>SPA SERVICES (By Appt.)</u> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge				
6. WEDNESDAY				
9:00 - 12:00 AARP TaxAide 9:00 Fit and Fun @Kibbe 12:00 Home Helpers Lunch 1:00 Dominoes				
14. THURSDAY				
10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge				
15. FRIDAY				
NO COFFEE TALK NO CHAIR AEROBICS 11:00 St. Patrick's Day Lunch and The SRL Irish Dance Academy-\$5.00pp				
22. FRIDAY				
9:00 Coffee Talk 10:00 Chair Aerobics				
21. THURSDAY				
10:00 Stretching w/ Keely 12:00 Bingo 3:00 Book Club 5:30 Bridge				
20. WEDNESDAY				
9:00 - 12:00 AARP TaxAide 9:00 Fit and Fun @Kibbe 12:00 Somers Senior Citizen's Club Lunch-\$5.00pp 1:00 Dominoes				
13. WEDNESDAY				
9:00 Fit and Fun 11:00 Safety Tips Presented by the Somers Police Department 1:00 Dominoes				
12. TUESDAY				
9:00 Coffee Talk 10:00 Chair Aerobics 10:30 Lunch Bunch-\$5.00pp The Williamatic Brewing Comp. 11:00 Rummikub Tile Game 1:00 Senior Advisory Meeting 2:00 Senior Learning Network				
11. MONDAY				
9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game				
5. TUESDAY				
9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game 2:00 Senior Learning Network				
6. WEDNESDAY				
9:00 - 12:00 AARP TaxAide 9:00 Fit and Fun @Kibbe 12:00 Home Helpers Lunch 1:00 Dominoes				
7. THURSDAY				
<u>SPA SERVICES (By Appt.)</u> 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge				
8. FRIDAY				
9:00 Coffee Talk 10:00 Chair Aerobics				
29. FRIDAY-CLOSED				
				
28. THURSDAY				
8:30 Foot Care (by Appt.) 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge				
27. WEDNESDAY				
9:00 Fit and Fun 10:30 Movie Time: (Waking Ned Devine) 1:00 Dominoes				
26. TUESDAY				
8:00-11:00 Social Services 9:00 Coffee Talk/Dog Therapy 10:00 Chair Aerobics 11:00 Rummikub Tile Game 11:00-12:00 BP/BG Screening 12:00 Parkway Birthday Lunch 12:30 Attorney Patrick Roy Presentation (Lunch and Learn) 2:00 Senior Learning Network				
18. MONDAY				
9:00 Qigong 10:00 Art Group 10:00 Ellington YMCA Presentation 11:00 Scrabble 1:00 SKYJO Card Game				
19. TUESDAY				
9:00 Coffee Talk 10:00 Chair Aerobics 11:00 Rummikub Tile Game 2:00 Senior Learning Network				
20. WEDNESDAY				
9:00 - 12:00 AARP TaxAide 9:00 Fit and Fun @Kibbe 12:00 Somers Senior Citizen's Club Lunch-\$5.00pp 1:00 Dominoes				
21. THURSDAY				
10:00 Stretching w/ Keely 12:00 Bingo 3:00 Book Club 5:30 Bridge				
22. FRIDAY				
9:00 Coffee Talk 10:00 Chair Aerobics				
25. MONDAY				
9:00 Qigong 10:00 Art Group 11:00 Scrabble 1:00 SKYJO Card Game				
26. TUESDAY				
8:00-11:00 Social Services 9:00 Coffee Talk/Dog Therapy 10:00 Chair Aerobics 11:00 Rummikub Tile Game 11:00-12:00 BP/BG Screening 12:00 Parkway Birthday Lunch 12:30 Attorney Patrick Roy Presentation (Lunch and Learn) 2:00 Senior Learning Network				
27. WEDNESDAY				
9:00 Fit and Fun 10:30 Movie Time: (Waking Ned Devine) 1:00 Dominoes				
28. THURSDAY				
8:30 Foot Care (by Appt.) 10:00 Stretching w/ Keely 12:00 Bingo 5:30 Bridge				
29. FRIDAY-CLOSED				
				



HAIR CUTTING SERVICE!

We are pleased to offer hair cutting services here for men and women at the Senior Center starting **April 8th in the afternoons!** Lynn Shea is a self-employed, licensed & insured hair dresser who cuts hair in local rehab & nursing homes, as well as the Columbia, Mansfield, Tolland and Ellington senior centers. Appointments must be made in advance by calling the senior center at 860/763-4379. Appointments are every 15 minutes for basic water bottle haircuts (men/women) and beard trimming.

\$15 cash only at time of service.

NO WALK-INS



PUZZLE PALOOZA RETURNS!!

Somers Recreation & Leisure Services Puzzle Palooza!

**Friday, April 5th
6:00-8:30pm**

Interested in some friendly competition between family and friends? Do you love jigsaw puzzles? Join us for an evening to compete against others to complete a 500-piece, themed puzzle!

Space is limited
Register by March 25th
\$20.00 / Team
(2-4 members per team)
Ages 7+

****Light refreshments will be provided****

Register at Somers.RecDesk.com

PIEDMONT COFFEEHOUSE



**Piedmont Coffee House
604 Main Street Somers**

SUNDAY, March 10 2024

1:00 - 3:00pm

(doors open at noon)



A full-time musician for over 35 years, Pierce Campbell was the Connecticut State Troubadour for the years 2007/2008, playing guitar and singing. With over 300 shows a year throughout the Northeast, Pierce is known for his dazzling guitar work, superb, songwriting, and powerful vocals. He has been called versatile, humorous and engaging. Pierce is a member of the popular Connecticut Kerry Boys who have recorded five CDs over their 39 years together. Pierce will be performing traditional and original Irish pub-style songs and vocal traditions.

Refreshments served and free admission. However, donations are most welcome.

ELDERLY TAX RELIEF PROGRAM



Elderly Tax Relief Program

State law provides a property tax credit program for Connecticut owners in residence of real property, who are elderly (65 and over) or totally disabled, and whose annual incomes do not exceed certain limits.

Where:

Town Assessor Office

When:

February 1st - May 15th (re-apply every 2 yrs.)

Requirements:

65yrs or older
Must own the property
Must reside in the home at all times
Proof of Income (1040) Federal Tax Return
\$43,800 (single limit)
\$53,400 (married limit)



**Questions? Please contact Karen Neal at
860.763.8202 or kneal@somersct.gov**





SOMERS SENIOR CENTER REGISTRATION FORM - MARCH 2024 CLASSES, EVENTS & TRIPS



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit card and checks payable to Town of Somers	TOTAL DUE:	\$

REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON FEBRUARY 23rd FOR SOMERS RESIDENTS AND FEBRUARY 28th FOR NON-RESIDENTS. FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE. A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.

Somers Recreation & Leisure Services Participant Waiver

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

Somers Recreation & Leisure Services Photo Release

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.

- ☐ I have read and am in compliance with the photo policy stated above.
- ☐ I have read and am **NOT** in compliance with the photo policy stated above.

Print Name: _____

Signature: _____

Date: _____

