

For more information:

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You can contact Somers  
Social Services directly at  
(860) 265-7551 or email  
[amaynard@somersct.gov](mailto:amaynard@somersct.gov)



**Somers Counseling  
Services in  
Partnership with  
Stafford Family  
Services**

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**21 Hyde Park Road  
Stafford Springs,  
CT 06076  
(860) 684-4239**

**Somers Social  
Services**

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**Counseling @  
Stafford Family  
Services**

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## Stafford Family Services

### Mission:

The mission of Stafford Family Services is to support children, adults and Families in Stafford and surrounding communities as they work with professionals to overcome daily challenges and improve their quality of life. Stafford Family Services is licensed by the Connecticut Department of Public Health the Connecticut Department of Children and Families as an Outpatient Clinic.

Stafford and the Town of Somers have collaborated to offer clinical services to Somers residents.

## Frequently Asked Questions

### Do you accept insurance?

We take most insurance carriers, including HUSKY, Anthem, Aetna, CIGNA and Connecticare. We can work with you to bill your insurance directly if necessary. All residents of Somers and Stafford may attend counseling at Stafford Family Services whether they have insurance or not.

### What are your hours?

Somers Social Services is offering counseling appointments Monday 12:00pm to 7:00pm.

### Who can make an appointment?

Somers Social Services can provide counseling services to any resident of Somers ages age 10 and up.

### How do I make an appointment?

1. Call 860-265-7551 and make an appointment. We will gather information about your insurance to verify whether our services will be covered for you. We will then schedule an intake appointment. The intake appointment takes about an hour. Please let us know at this time if you have special needs or limitations (e.g. if you cannot climb stairs).
2. Attend the intake appointment. This appointment is to gather information about you and your history so that we can best serve you. Please bring identification and your insurance card with you. Payment is due at the time of service; please call your insurer if you need to know what your co-pay is prior to your first appointment.
3. You will receive a letter in the mail informing you of your assigned therapist's name and the date and time of your first appointment. We will try to schedule you as soon as possible.