Online Registration Begins April 9th

Visit us online!
http://somers.recdesk.com/recdeskportal

What’s New!

Online Registration
Skyhawk’s Sport Camps
Gymnastics
Re-Designed Summer Camps
Sundae Sunday
The 2012 Spring/Summer Somers Recreation Guide is proudly presented by the Town of Somers Recreation Department. We hope this guide will help your family and friends engage with unlimited recreation opportunities. Somers is a great place to live and play! Our goal is simple: We want to help you make recreation and fitness a priority in your life and in our community.

We will see you here!

Amy Saada
Recreation Director

Contact Us:

Call us: Phone: 860-749-7160
Fax: 860-763-8229

Email us: asaada@somersct.gov

At the office: 19 Battle Street
Somers, CT 06071
Monday-Thursday 8:00am-4:00pm
Friday 8:00am-1:00pm

Holiday Closings: Friday, April 6; Monday, May 28; Wednesday, July 4; Monday, September 3; Monday, October 8, Friday November 12; Thursday, November 22; Friday, November 23; Monday, December 24; Tuesday, December 25.

On the Web: http://somers.recdesk.com/recdeskportal
Your Satisfaction Guaranteed!
The Somers Recreation Department strives to provide the residents of Somers with high-quality recreation programs, activities and special events. We are confident you will be satisfied with our services and programs! If you are not satisfied, we would appreciate your comments, ideas or suggestions for improvement.

Employment Opportunities
Applications for Spring/Summer Programs are now being accepted. Positions available include Summer Camp Counselors, Tot T-ball Instructors, Tot-Soccer Instructors. There will be a two day hiring event for Summer Camp Counselors on Friday April 13th, from 3:00pm-5:00pm and on Saturday April 14th, from 10:00am-1:00pm. This will be held at the Somers Senior Center, 19 Battle Street, Somers, CT 06071. Please bring 2 forms of ID, and a voided check as all employees are required to have direct deposit.

Americans with Disabilities Act
Somers Recreation Department complies with the Americans with Disabilities Act (ADA) prohibiting discrimination on the basis of disability. ADA requires that recreation programs must be implemented in the most integrated setting possible, appropriate for each individual. Persons with disabilities are encouraged to contact the Somers Recreation Department at least two weeks in advance regarding any accommodations needed to assist with participation. If you have questions, call 860-749-7160.

Weather Cancellation Policy
The Somers Recreation Department follows the Somers School District inclement weather policy. So if schools are closed, recreation activities are cancelled. Tune into WFSB Channel 3 for the most recently updated information. Make up classes will be schedule based on facility and instructor availability.

Participant Behavior
Participants are expected to exhibit appropriate behavior at all times. Participants shall behave in a safe and responsible manner, show courtesy and respect to other participants, volunteers, staff and treat equipment and facilities with care.

Ideas or Suggestions:
We welcome ideas and suggestions. If you have ideas on programs or activities, please call 860-749-7160 or email us at asaada@somersct.gov. We would love to hear from you!
Registration Information

How to Register
Online– http://somers.recedesk.com/recdeskportal
Mail In a Registration Form

When to Register
Somers Residents may register on April 9th for all programs except where noted. If there is an ACTIVITY #, this means program is available for online registration.
Non-Resident Registration begins April 16th except where noted. There will be an additional $10.00 charge for each non-resident registration.

NEW ONLINE REGISTRATION!
Did you know you can now register for most programs from the convenience of your home computer? Online registration can be accessed 24 hours a day.

http://somers.recedesk.com/recdeskportal
The Town of Somers Recreation Department is pleased to announce a new website with online registration! On this website, you will find the new 2012 Spring/Summer Somers Recreation Guide, with many activities to choose from. We hope this guide will help your family and friends engage with unlimited recreation opportunities. Somers is a great place to live and play! Our goal is simple: We want to help you make recreation and fitness a priority in your life and in our community.

Online registration has begun, so visit the new site today!

NEW ONLINE REGISTRATION!

Did you know you can now register for most programs from the convenience of your home computer? Online registration can be accessed 24 hours a day.

http://somers.recdesk.com/recdeskportal

Questions or to contact us:
Somers Recreation Department
19 Battle Street
Somers, CT 06074
860-763-4379 office
860-763-8229 fax
asaada@somersct.gov
Camp Registration for residents begins **April 2nd**

Non Resident registration will begin on **April 9th**

---

**Summer Camps**

The Somers Recreation Department is proud to offer safe, fun, educational opportunities for you child(ren) during the summer while school is out. Please take time to view all the camps and activities on the next few pages.

We now offer **BEFORE and AFTER Camp Care** to accommodate parents.

The Before Camp Program runs Monday-Friday from 7:30am-9:00am, FEE is 15.00 per week,

The After Camp Program runs Monday-Friday from 3:00pm-5:30pm, FEE is 25.00 per week,

The Before and After Camp Care is held at Field Road Park.

There is a $10 second camper discount.

*You will be able to choose these activities during the online checkout.*
The Somers Recreation Department invites our youngest campers to Small Fry Camp! Ginny Tabb and her fantastic staff of trained counselors will guide your child(ren) through our action packed days of songs, stories, games, snacks, arts and crafts and indoor and outdoor activities. Weekly Themes, Daily Outside Play, and Special Theme Days add to the fun!

Camp Sessions are held Monday through Friday from 9:00am-12:00pm.
Camp is held at the Somers Elementary School Gym

What to Wear:
Shorts and a T-shirt
Sneakers
Hat with a visor

What to Bring:
A snack and drink
A Backpack with: Towel, Extra Clothes, Sun Tan Lotion (try to put on before camp)

Session A, 7/9-7/13, POND LIFE, Activity # 100212
Session B, 7/16-7/20, MOTHER GOOSE, Activity # 100213
Session C, 7/23-7/27, JUST IMAGINE, Activity # 100214
Session D, 7/30-8/3, AT THE FARM, Activity # 100215
Session E, 8/6-8/10, ON SAFARI, Activity # 100216

FEE: $65.00 per session
The Somers Recreation Department offers endless opportunities for your child to have a fun and memorable camp experience. Our day camp program is designed to spark your child’s imagination, grow new friendships, and assist them in discovering new talents each and every day. With creatively-planned activities, campers enjoy summer to the fullest extent. With weekly field trips and themes, your child(ren) are sure to have a great time!

Camp Sessions are held Monday through Friday from 9:00am-3:00pm.
Camp is held at the Field Road Park. **Counselors are CPR and First Aid Certified.**

**What to Wear:**
Shorts and a T-shirt  
Sneakers  
Hat with a visor

**What to Bring:**
Lunch, Snacks and Drinks  
A Backpack with: Towel, Extra Clothes, Suntan Lotion (try to put on before camp)

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Activity #</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>7/2-7/6</td>
<td>200217</td>
<td>Red, White and Blue! (No Field Trip)</td>
</tr>
<tr>
<td>B</td>
<td>7/9-7/13</td>
<td>200218</td>
<td>Crazy Days! (Field Trip Friday)</td>
</tr>
<tr>
<td>C</td>
<td>7/16-7/20</td>
<td>200219</td>
<td>Academy Awards! (Field Trip Friday)</td>
</tr>
<tr>
<td>D</td>
<td>7/23-7/27</td>
<td>200220</td>
<td>Water Days! (Field Trip Friday)</td>
</tr>
<tr>
<td>E</td>
<td>7/30-8/3</td>
<td>200221</td>
<td>Nature, Nature (Field Trip Friday)</td>
</tr>
<tr>
<td>F</td>
<td>8/6-8/10</td>
<td>200222</td>
<td>Mardi Gras! (Field Trip Monday)</td>
</tr>
<tr>
<td>G</td>
<td>8/13-8/17</td>
<td>200223</td>
<td>Carnival Week (No Field Trip)</td>
</tr>
</tbody>
</table>

FEE: $100 for session A  
FEE: $125.00 for sessions B-G

Friday Field Trips to be announced.

The Monday field trip is to University of Hartford for the CT Sun Fun Day camp. This years camp day will include an open practice with the team and staff as well as a Question and Answer session.  
Includes a ticket to any 2012 Connecticut Sun home game (normally $21).
Somers Recreation Department is proud to present Skyhawks Sport Camps...

Flag Football
Campers learn skills on both sides of the football including the core components of passing, catching, and defense – all in a fun and positive environment. The week ends with the Skyhawks Sports Bowl!
- Ages: 7-10
- Gear to Bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to Bring: 2 Snacks and water bottle
- Included with Purchase: T-shirt and merit award
- Activity #: SSA41423
- Monday-Friday 9:00am - 12:00pm 7/30 - 8/3
- Fee: $105
- Location: Field Road Park (Field Road)

Multi-Sport (Soccer, Baseball, Basketball & Flag Football)
In this multi-sport camp we combine four sports into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork.
- Ages: 7-10
- Gear to Bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to Bring: 2 Snacks and water bottle
- Included with Purchase: T-shirt and merit award
- Activity #: SSA41424
- Monday-Friday 9:00am - 3:00pm 7/23-7/27
- Fee: $129
- Location: Field Road Park (Field Road)

Mini-Hawk (Soccer, Baseball & Basketball)
This baseball, basketball, and soccer program gives young children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.
- Ages: 4-7
- Gear to Bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to Bring: 2 Snacks and water bottle
- Included with Purchase: T-shirt and merit award
- Activity #: SSA41422
- Monday-Friday 10:00am - 1:00pm 7/23-7/27
- Fee: $105
- Location: Field Road Park (Field Road)

More Skyhawk Camps on next page......
Tiny-Hawk (Soccer & Basketball)
This camp for pre-school aged kids introduces the essentials of two sports. Through games and activities, campers explore balance, hand/eye coordination, and skill development. Must be toilet trained in order to participate.
- Ages: 3-4
- Gear to Bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to Bring: 2 Snacks and water bottle
- Included with Purchase: T-shirt and merit award
- Activity #: SSA41421
- Monday-Friday 9:00am - 9:50am 7/23-7/27
- Fee: $55
- Location: Field Road Park (Field Road)
Program Note: Parents are encouraged to participate with their children

S.N.A.G. (Starting New At Golf)
Campers will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.
- Ages: 5-8
- Gear to Bring: Appropriate clothing, water bottle, running shoes, and sunscreen
- Food to Bring: 2 Snacks and water bottle
- Included with Purchase: T-shirt and merit award
- Activity #: SSA41420
- Monday-Friday 9:00am - 12:00pm 6/25-6/29
- Fee: $105
- Location: Field Road Park (Field Road)
Summer Art Programs

Come join Marry Curran and Sarah Burda (SHS Art Teachers) for fun filled Art Courses! They offer specialized art instruction for students in 6th grade through Adult, as well as a new program for younger students, Grades 2-5!

There are two Camp Sessions each week:
**Session A**: Monday through Friday 9:00am-11:30am
**Session B**: Monday through Friday 12:00am-2:30pm

**Fee** $100 per week. **Additional 15.00 Supply Fee** due to instructor on first day of camp includes all materials including all dry and wet media materials: paint/pencils/ink etc., paper, clay, canvas, as well as glazing, firing, equipment and tool use. All classes held at the art wing of Somers High School, room 164 and 166.

**Elementary ART Program**, ages 7-11 (9:00-11:30am)
**SESSION A**
Week 1, 7/9-7/13, Clay Club A, Activity #300224
Week 2, 7/16-7/20, Clay Club B, Activity #300225
Week 3, 7/23-7/27, Pots for Tots Activity #300226
Week 4, 7/30-8/3, Animal Art, Activity #300227

**Elementary ART Program**, ages 7-11 (12:00pm-2:30pm)
**SESSION B**
Week 1, 7/9-7/13, Drawing and Painting, Activity #300228
Week 2, 7/16-7/20, 3D Sculpture, Activity #300229
NO WEEK 3 Elementary Camp
Week 4, 7/30-8/3, Print It!, Activity #300231

**Middle-Adult ART Program**, grade 6 thru Adult (9:00-11:30) **SESSION A**
Week 1, 7/9-7/13, Books, Activity #300232
Week 2, 7/16-7/20, Drawing, Activity #300233
Week 3, 7/23-7/27, Clay A, Activity #300234
Week 4, 7/30-8/3, Clay B, Activity #300235

**Middle-Adult ART Program**, grade 6 thru Adult (12:00-2:30pm) **SESSION B**
Week 1, 7/9-7/13, Clay A, Activity #300236
Week 2, 7/16-7/20, Clay B, Activity #300237
Week 3, 7/23-7/27, Books, Painting, Activity #300238
Week 4, 7/30-8/3, Drawing, Activity #300239

*****COURSE DESCRIPTIONS ON NEXT PAGE*****
BOOKS!:
*Middle School through Adult:*
In this age of texting and Facebook, a welcome break can be had by opening a book. Or even better, by making your own! In this course we will explore visual storytelling along with bookmaking techniques to create unique pieces of art. Traditional and experimental structures will be demonstrated; drawing, painting, lettering and collage are a few of the techniques to be explored. Come have fun bringing your stories to life this summer!
Instructor: Sarah Burda

CLAY! A and CLAY! B:
*Middle School through Adult:*
This course is designed for the student who may have some clay experience but would like to explore new or different ceramic techniques! A fun, creative introduction to hand-building and/or wheel throwing techniques, this clay course will cover glazing and decorating surfaces as the firing schedule allows. We will explore each student’s vision of either sculptural or functional pieces utilizing different tools, textures, and ideas. *Take CLAY A & B in order to explore glazing and decorating techniques more in depth, or separately and pick up your work after firing to be painted on your own.
Instructor: Sarah Burda

DRAWING:
*Middle School through Adult:*
Do you love to draw? Do you wish you could draw what you see exactly how it looks? Then this class is for you!! Using techniques from brain research and classic drawing lessons, we will investigate techniques to help you observe and draw the world as you see it. Experienced students will enjoy new techniques and the emphasis will be on developing “mad skills” while having a fun, relaxing time! All students will get their own sketchbook and drawing tools to keep!
Instructor: Mary Curran

PAINTING:
*Middle School through Adult:*
This class will focus on the element of color in a multitude of painting media. Students will create original work in a variety of media such as watercolor, tempera and acrylic on special papers and canvas, and will explore all the nuances each medium has to offer. Experienced students will enjoy stretching their skills with new techniques. If you love color, you will love learning new ways to use it!
Instructor: Mary Curran
Emphasis will be placed on learning individual offensive and defensive skills, such as shooting technique, footwork, dribbling and ball handling skills. Each day all campers will participate in a team game, through which they will further develop their understanding of basketball tactics and teamwork.

John Hostetler, the boys coach at Somers High is hosting SWISH Basketball camp for the 8th year! He is Licensed to coach by the State of Connecticut and is CPR and 1st Aid certified

Date: June 25-June 29.
Girls and boys, grades 6-9, 9am- 12:00pm, $125 Activity # 2571
Girls and boys, grades 2-5, 12:30-2:30pm, $90

Each camper gets a tee shirt.

Register online today!
Join Ken McCarthy, SHS Varsity Lacrosse Coach for this exciting camp! Campers of all ages and abilities will have fun and improve their game by learning the fundamental skills, advanced tactics and techniques of lacrosse.

Group 1: Boys entering grades 4-6 Activity # 98701
Group 2: Boys entering grades 7-9 Activity # 98702

Fee: 125.00, Includes Camp Jersey!
Time: 8:30am-11:30am (Both Groups)

Space is limited….Registration deadline is June 26th.

If you have any questions, please contact Ken McCarthy at coachmccarthy@cox.net
National Champion Collegiate Coach Ray Reid is pleased to bring the Ray Reid Soccer School back to Somers’s Field Road Park during the week of July 23 – 27, 2012.

Two camps will be offered this week: the Young Stars Camp and the High School Camp.

The Young Stars Camp, for boys and girls ages 5 -13, seeks to develop and improve each player's technique, skills and creativity with the ball. Under the direction of a first-class coaching staff, players will be exposed to dribbling, passing, receiving, shooting, and small-sided games emphasizing touches on the ball and possession. The training focus for younger players ages 5-8 will be to improve their skills in a fun-filled environment and players ages 9-13 will work on technical refinement and receive an introduction to the tactical side of the game.

This High School Specialty Camp for boys and girls (ages 14 - 18) will focus on individual technique, team and positioning tactics, as well as proper and sport specific conditioning and fitness. Teams that register as a group can train and play together. This is a perfect way to prepare for the upcoming soccer season!

All players will receive a camp T-shirt, a Ray Reid Soccer School cinch sack, and a soccer ball.

To learn more or register, please visit www.RayReid.com or call 860.674.1500.
Instructor: Charles Huggins, long time tennis instructor throughout the area, leads Town of Ellington youth tennis programs and instructs at Enfield Tennis Club. Charles will lead sessions in beginner and intermediate and advanced youth tennis this summer.

The beginner and intermediate program will cover the following topics:
1. Learn the racket (how to hold it when not in use, different grips, etc.)
2. Learn the tennis court
3. Proper set-up and racket preparation for a shot
4. Learning the strokes (forehand, backhand, volley, serve, overhead)
Learn to play a game

The advanced program will cover the following topics:
- Further stroke development
- Conditioning and Footwork
- Details of Match play

Beginner and Intermediate Classes will be held on Tuesday and Thursday Evenings for a 4-week session. Cost is $40 per 4-week session.

Beginner and Intermediate Class Groups and Times:
Tot Tennis, Ages 4-6 , Tuesdays and Thursdays 5:00-5:30.
Tiny Tennis, Ages 7-9 Tuesdays and Thursdays, 5:30-6:15
Tween Tennis, Ages 10-12, Tuesdays and Thursdays, 6:15-7:15
Teen Tennis, Ages 13 and up, Tuesdays and Thursdays, 7:15-8:15

Advanced Youth Tennis Classes will be held on Sunday Evenings for a 5-week session. Cost is $35 per session. These sessions are intended for those players who have play experience and can return a ball and somewhat keep it in play for a short rally.

Advanced Class Groups and Times:
Tiny Tennis, Ages 7-9 , Sundays, 5:00-6:00
Tween Tennis, Ages 10-12, Sundays, 6:00-7:00
Teen Tennis, Ages 13 and up, Sundays, 7:00-8:00

<table>
<thead>
<tr>
<th></th>
<th>Beginner and Intermediate Youth</th>
<th>Advanced Youth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>6/19, 6/21, 6/26, 6/28, 7/10, 7/12, 7/17, 7/19</td>
<td>6/17, 6/24, 7/1, 7/8, 7/15</td>
</tr>
<tr>
<td></td>
<td>ACTIVITY # 500224</td>
<td>ACTIVITY # 500225</td>
</tr>
<tr>
<td>Session 2</td>
<td>7/31, 8/2, 8/7, 8/9, 8/14, 8/16, 8/21, 8/23</td>
<td>7/22, 7/29, 8/5, 8/12, 8/19</td>
</tr>
<tr>
<td>Activity # 300225</td>
<td></td>
<td>ACTIVITY # 500226</td>
</tr>
</tbody>
</table>
Cressotti Baseball and Tee-Ball Clinics

Cressotti Baseball School in conjunction with the Somers Recreation Department presents…..
Summer Baseball and Tee Ball Fundamental Clinics

This is the eighteenth year of our program. Our major emphasis is to provide fundamentals to all our participants through lectures, discussions, and skill stations. Our school is based on the promise that baseball instruction is fun. You will properly lean and acquire baseball skills that will improve your game. We require all participants to bring their own equipment (glove, bat). We recommend that you bring a snack and a water bottle. The clinics are open to ages 7-12 and 4-6 year olds.

Summer Baseball Clinic
Ages: 7-12
When: July 2-6
Time: 9:00am-12:00pm
Where: Town Hall Fields, Somers
FEE: $95.00

Summer Tee-Ball Clinic
Ages: 4-6
When: July 2-6
Time: 9:00am-10:15am
Where: Town Hall Fields, Somers
FEE: $50.00

Typical Daily Schedule
`stretching and throwing drills
`infield and outfield mechanics
`instruction at skill stations
`base running and sliding
`swing series
`situational play, games and activities

Excellence in Baseball is our Goal!!!
Come Play With the Best!

Checks payable to: Bob Cressotti
More information and registration information call 860-745-5863
Email: cressottibaseball@cox.net
Tennis Sport for Life
Summer Tennis Camps

Tennis camp is open to all children ages 6-14 and runs 9:15-12:15. Teaching Children tennis offers a gift for life, as unlike many other sports children participate in as they grow up, tennis offers health and social benefits for a lifetime! The TSFL program breaks children into groups by age and skill levels and utilizes the recently changed USTA guidelines to teach the younger children with lighter, slower and lower bouncing balls. We provide all equipment.

The camp is directed by Conrad McIntire Jr. who is a nationally known speaker on “Creative Ways to Teach Modern Tennis Strokes”, having presented at the World Tennis Symposium, The World Tennis Conference, The Florida State Tennis Convention and the New England Tennis Convention. He has also achieved a Pro-1 certification rating with both the USPTA and PTR, a distinction held by less than 8% of tennis pros worldwide. Reiny Maier, director of the prestigious Nike Tennis Camp has called him “one of the most imaginative, and creative tennis pros I have ever met. He makes learning tennis FUN”. His staff is specially trained and his program motto is “fun, fitness, friends for life!”

Camp Week A-- June 18-22 9:15am-12:15pm ACTIVITY # 400228
Camp Week B– July 16-20 9:15am-12:15pm ACTIVITY # 400229
The *Town of Somers* is proud to partner with …
….the New England School of Gymnastics

**Goals**
Our program focuses on the progressive skills of all four events in gymnastics; vault, uneven bars, beam, and floor. All of our equipment is state of the art and of the highest quality. Our school offers a variety of programs carefully designed for different age groups and skill levels. Our aim is to bring out the best in all of our students by meeting their individual needs and interests. Our goal is to provide experiences of a lasting nature, resulting in the development of self-worth through personal accomplishment.

**Me & My Shadow Ages 1 ½ - 3**
Toddlers learn basic balance, jumping, and stretching. Watch as they learn by crawling through tunnels and balancing on beams, all the way to jumping on a mini-trampoline. All this is done in a FUN atmosphere on size-appropriate equipment. Parental participation required.
Fee: $130 per 8 week session

**Tots in Motion Ages 3-4**
Tots in Motion starts with the same basics learned in "Me and My Shadow," and adds on to the fundamentals of turning and leaping, including balancing on the beam, and strength with the uneven parallel bars. All is achieved in a fun-loving, positive atmosphere.
Fee: $130 per 8 week session

**Gym Dandies Ages 4-5**
In this class children begin to develop better listening skills, through extensive use of circuits. Every child will be able to successfully complete tasks, which will pave the road for future, fundamental gymnastics skills.
Fee: $130 per 8 week session

**Level 1 Advanced Gym Dandies Ages 4-5**
Those children who show early skills in gymnastics and good listening skills will be placed in this class. It focuses on Level 1 skills while keeping in consideration their early age by combing circuit and non-circuit events.
Fee: $140 per 8 week session

**School Age Gymnastics Programs**

**Level 1 and up**
Our school offers gymnastics for children from beginning to advanced. We use the curriculum of progressive gymnastics. Once the child has mastered all the elements in his/her level, they will progress to the next level. The children will be instructed on all the apparatus. Whether your child is interested in recreational or competitive gymnastics, we have classes that are suited for their needs.

**Tumbling/Cheerleading Classes**
Tumbling is for the beginner to advanced students of all ages. Emphasis is on learning the back hand spring and other advanced skills.

**Open Gym**
Friday night open gym for ages 6 and up. Weekday open gym for High School students. Also available, get our new open gym punch card. Buy 10 visits get 11th visit free. Ask your instructor or staff at our desk for details.

To Register for any of the Gymnastic Programs, please contact New England School of Gymnastics:

**Phone: 860-749-2221**
585 Hazard Avenue
Enfield, CT 06082
Wonderful Ones
12-24 Months/Walkers with Parent of Caregiver
Program Length– 25 Minutes plus optional playtime and browsing. Registration Required.
- Sharing of Board Books
- Simple Action and Movement Songs
- Finger Plays
- Scarves and Musical Instruments

Terrific Twos
24-36 Months with Parent or Caregiver
Program Length 40 minutes. Registration Required
- Short Picture Books
- Short Felt Board Stories and Rhymes
- Finger Plays and Action Songs
- Musical Instruments and Props
- Crafts

Preschool Pals
3-5 Years
Programs Length 45 Minutes. Registration Required
- New and Classic Picture Books
- Felt Board Series
- Finger Plays and Action Songs
- Crafts

Sleepy-time Story-time
Ages 2-6 with Parents
Program Length 40 Minutes. No Registration Required.
- New and Classic Picture Books
- Felt Board Stories
- Action Songs and Finger Plays
- Craft
- Wear your pajamas and bring a stuffed animal

Afterschool Kids
Grade K-1
- Librarian reads a story
- Games and Activities to promote book and discussion
- Craft

Please call the Somers Public Library to make Reservations @ (860)763-3501
Private Music Lessons

Piano, Keyboard, Flute, Guitar, Voice, Trumpet, Tuba, Saxophone, Clarinet, Baritone Horn and French Horn

Goss Home Studios in Somers, CT!

For Lessons, Times and Rates…
Phone: (860)-749-2654
Email: goss5@cox.net
Fitness, Fitness, Fitness!!

**YOGA: Evenings**

**When:** Tuesday Evenings: 6-7pm, 10 Consecutive Weeks  
**Where:** Kibbe Fuller Community Center Gym  
**Cost:** $80 per 10 week session (family discounts available)  
**Instructor:** Diana Ricci-Gunther  
You will strengthen, tone, increase flexibility, and improve the function of all body systems. You will feel benefits after your very first class! This is an excellent opportunity to experience this ancient practice with a seasoned teacher at a great price! 1 hour class. Bring a Yoga Mat and a blanket.

**Kripaulu YOGA: Thursday Mornings**

**When:** Thursdays: 9:45am-10:45am  
**Where:** Kibbe Fuller Community Center Gym  
**Cost:** $20 for 5 weekly sessions - walk ins welcome  
**Instructor:** Pat Baker  
Fully instructed, including modifications. This class is designed for individuals who have little or no yoga experience. You will learn breathing techniques while practicing basic yoga postures. An enjoyable series of stretches & movements leave you energized & relaxed. Bring a Yoga Mat and a blanket. To register, please contact the Recreation Department at 860-749-7160.

**Zumba Fitness with Toning Plus Abs**

**When:** Mondays and Wednesdays, 6:00-7:15pm  
**Where:** Kibbe Fuller Community Center Gym  
**Cost:** $55.00 for one day/week or $100.00 for two days/week, 14 classes @ 75 minutes long!  
**Instructor:** Mary Harrington  
-Shake, sweat and have fun with this spicy Latin flavored workout! Bring your 2-3 pound hand held weights for the toning portion. Bring a Yoga Mat for the abdominal workout. And don't forget the water bottle!

*To Register: Show up on the day of the class and make payment to instructor.*
Sundae Sunday!!

Come join us while we Make Our Own Sundae!!
Sundaes will be available at Field Road Park on Saturday June 23rd from 1:00-3:00. Come create your own sundae with many toppings, whipped cream and of course, cherries! While Supplies Last!

Fee: $1.00 and a canned good to benefit local food-banks!