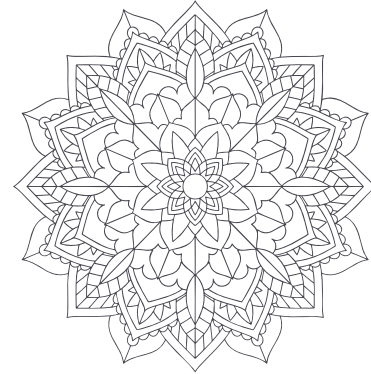


Somers Recreation & Leisure

YOGA

Pop Up Class



GROUNDING & GRATITUDE

A **FREE** Yoga Class
offered by Alanna Orlandi,
500 RYT yoga teacher.

We will move and flow for a one hour
all-levels class.

Please bring your own mat and dress
comfortably.

Blocks will be provided. Water is
recommended.

**FRIDAY, NOVEMBER 18TH
5:30-6:30 P.M.**

**619 MAIN STREET, SOMERS
REGISTER AT
SOMERS.RECDESK.COM**

